HURST GREEN NEWS February 2024 HGN

Will you give something up or take something up for Lent?

The middle of February will herald Pancake Day, as it is commonly known - or Shrove Tuesday, for those of us who remember that it precedes the day known as Ash Wednesday, which is the start of Lent. In majority Catholic countries, it is celebrated as Mardi Gras (Fat Tuesday) or Carnivale, a day of partying and excess before a solemn religious season which is traditionally accompanied by fasting.



Lent is a period of time which prepares us for Good Friday and for Easter. In this time, we do things which draw us closer to God; the reason for fasting is that it allows us to focus instead on prayer and notice our simpler blessings.

These days, very few people in this country will partake in a religious fast, though some may still think to 'give something up' for Lent - especially chocolate. In recent years, I have stopped giving something up, and instead taken something up. Personally, I find that doing something deliberate is a better way for me to draw closer to God and to the things which really matter to me.

I invite you all to join with me this season by giving to and finding solace in our local community. The Hurst Green Community Fridge, which runs out of Aggies Hall, is open to everyone each Wednesday for an hour, from 11.15. We have fresh and tinned food available for free which has been donated to us by supermarkets and individuals. We also serve tea, coffee and biscuits, and invite everyone who attends to sit for a while over a cuppa.



Perhaps the 'thing' you offer during Lent will be an hour of your time each week to chat with others, and share a cup of tea with others in the community who you might not otherwise encounter. If you don't have an hour on a Wednesday to visit us, you could think of other things which draw you closer - for example writing a letter, letting someone know you're thinking of them.

And, if it's pancakes you're after, do join us at St John's at 11am on Sunday 18th February for our monthly Community Brunch, where we will be serving pancakes with the traditional toppings - vegan and gluten-free diets catered for too!

Ché Ramsden, Chair of Hurst Green Community Fridge

Join the First Community Network - Use your voice to help shape and improve community healthcare services in east Surrey. You can be involved by taking part in surveys, reviewing patient information, joining focus

groups or working groups to help improve services.



If you are interested, please e-mail fchc.beinvolvedfirstcommunity@nhs.net or call 01737 775450, text 07814 639034.

Please support St John's Church on Easy Fundraising, you can raise FREE donations when you shop online with over 8,000 brands. It's simple and only s_{t} ohn takes 2 minutes to sign up! This will make a BIG difference to us. HURST GREEN Sign up here: https://www.easyfundraising.org.uk/causes/stjohnshurstgreen



Holland Sport Get Fit Club need volunteers! Are you a Personal Trainer who can give one hour per week to keep our free community training sessions going? We really need your help. Please contact: GetFit@HollandSportsClub.co.uk. We are also looking for a dynamic and enthusiastic Club Secretary to steer the club forward.

Sessions are on Monday and Fridays at 2pm at Holland Sports, Mill Lane Recreation Ground, RH8 9DF

Hurst Green Gardening Club

It's this time of year when people start turning their attention to their garden even if it's just to put new year enthusiasm to good use by cleaning pots and tools ready for the spring. It's also a good time to start planning what to do and what to grow in your garden and you can start to order seeds and plants from the comfort and warmth of your armchair. When it's frosty and wet it's best to avoid walking on your lawn to prevent damaging the grass underneath but do remember to put out bird food for hungry birds and leave some areas of your garden uncut for shelter until the spring.

If you are interested in gardening why not join Hurst Green Gardening Club on the second Wednesday of the month at 7.45pm in St Agatha's Hall? Everyone is welcome whether a beginner or an expert. View the full programme for 2024 at www.hggardeningclub.blogspot.com. Speakers already planned for this year include an introduction to microgreens and a talk on spice and Asian hornets. At the next talk on 14 February, Bob Evans will give a history of Hurst Green.

YoYo's Toddler Group Every Wednesday in term time 9.15-11.15am St John's Church, Church Way



A friendly group for babies and toddlers for a stay and play session with crafts, snacks and songs.

Lent Mid Week Services at St John's Wednesday 14 February – 20 March (6 weeks) at 12noon followed by a light lunch. There will be a collection for the Bishop's Lent Appeal. We hope to see you there! afé Churc 3rd Sunday of the month Join us for a Community Brunch at 11am followed by a relaxed, informal service for all ages, at 11.30am, where children and adults can flow freely around the church. Sunday 18 February 2024

Crafts – Coffee – Church band



The March issue of Hurst Green News will be published on 24 February 2024.

Please send material for that issue by FRIDAY 9 FEBRUARY 2024 to The Editor: hgncompiler@gmail.com. The Editor reserves the right to edit copy. The Hurst Green News is published by St John's Parochial Church Council (Registered Charity 1133107) as a church and community newsletter. It is financed by advertisements and St John's Parochial Church Council.

HURST GREEN & OXTED CHURCHES WELCOME YOU

At St John's Church there are services of Holy Communion on Sundays at 8.30am (said) at 9.45am (sung) and at 12.30pm on the 4th Wednesday each month, followed by lunch. The 9.45am service is available via Live Stream. The church is open every day from

10am to 4pm. For updates and the latest information, please check websites below.		
ST JOHN'S, HURST GREEN RC		ROMAN CATHOLIC PARISH OF OXTED & WARLINGHAM
Vicar:	Reverend Sue Bosley, 07553 305087 (from Feb 2024) Church Way, Hurst Green RH8 9EA	All Saints' Church Chichele Road, Oxted, 01883 627 762 St Ambrose Church Warren Park, Warlingham
	Mary Seller, 01883 715675	Parish Priest Fr Stephen, 01883 713776
Southwark Pasto	ral Auxiliary: Monica Fenton, 01883 715769	www.oxtedandwarlinghamparish.org
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	www.stjohnshurstgreen.org.uk	The Church of the Peace of God 21 Bluehouse Lane, Oxted, 01883 730 406
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Pastor:	Keith Dickson, 01883 712 017 www.hurstgreen-fellowship.org	Church Administrator: Claire Harris, 01883 730
KING'S CHURCH		
KING 3 CHOKCH	King's Centre, 33 Amy Road, Oxted, Surrey RH8 0PW	∖╅╢╖╅╎
Contact:	Simon Quincey, 01883 734 805, www.kingschurchforyou.org	
Save our frogs and toads! Well, it's nearly that time of year again, when a young		It is chilly out there! But fear not, you might be eligible for in-person
toad's thoughts turn to love! Over the next few weeks		energy advice from our Home
		Energy Advice Taskforce (HEAT), who can survey your home and
junction between Church Way and Oast Road.		tell you how to stay cosy in winter
what are the differences between nogs and todds: 1 logs have should, moist		
		towards energy efficiency funding.
water. They lumber about when they move instead of hopping.		Check if you're eligible for a FREE home
Dott hogs and toads are known as amphibians because they live party of land		
	ter and travel back each year to the pond where they wer in late winter/early spring after it begins to get dark and	energysurveys@zerocarbonguildford.org
often following a rainy day. They don't like the cold so the temperature needs to Around		
be reasonably mild otherwise they will stay put in someone's garden for a little		e losses, like dripping taps, leaky loos and

longer in their snug spot in the undergrowth, or a woodpile, or a hole in the ground. Then when the conditions seem right, they set out on their journey and they don't have any road sense!

So, from early or mid-February until early April there are likely to be frogs and toads in Church Way and in Oast Road near the T-junction in the hours after dusk. These little amphibians can be seen and avoided if we drive slowly and carefully in that area.

We have a Toad Patrol in place to help them on their journey, but sometimes we don't have enough people to cover the whole of an evening.

If you are interested in helping out, even just for an evening or two, please contact Adrian on 07974 171977.

Many thanks from the Toad Patrol!





Tuesdays 1-2pm 8 week courses running throughout the year

Contact: anita.asghar@freedom-leisure.co.uk

Would you be interested in joining an adult ADHD Support Group? Are you an older woman (over 25) with ADHD? Newly SURREY diagnosed or waiting for a diagnosis? We're thinking about starting a Monthly meeting at Oxted Library to connect with others, share experiences and get support. Please let us know if you are interested with your contact info and availability by emailing oxted.library@surreycc.gov.uk PARISH REGISTERS Come and join us for





theme of this walk is biodiversity, farming and transport, with part of the walk crossing the M25, and plans for a farm stop on route. The route starts at The Yard at Reigate

Station: 3a The Facade, Holmesdale Road, Reigate, Surrey RH2 0BB. (entrance Gates Opposite China House Restaurant). You will need to register to join at bit.ly/3ROkDPy

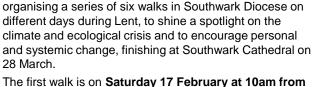
Reigate to Chaldon, a 7-mile semi-rural walk on the North

Downs. It is mainly off road, with two steep climbs and a

minibus option for those who may find these difficult. The



For more information contact Revd Helen Burnett at vicar@chaldonchurch.co.uk who will lead this walk, or office@stjhurstgreen.co.uk





Prepare your home by checking for leaks and insulating pipes throughout your household. Reducing leaks could

If you need extra support, SES Water can help. You may be eligible for one of its water support schemes, we can sign you up to our Priority Services for households that need extra help, we can support you in how to pay your bill and advise on water saving devices and meters.

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Lent Climate Pilgrimage, 17 February 2024

Lead Bishop on the environment, Bishop Martin, is

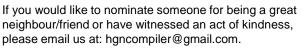
even outdoor taps and hoses. Colder temperatures and changeable weather can cause a leaky pipe to freeze and sometimes burst, which could mean a hefty repair bill and an impact to your water supply.

even save you money on your bill.





please visit www.lastchanceanimalrescue.co.uk. They couldn't exist without people like Marie so thank you Marie and thanks for being a fab neighbour too!





School. Visit www.thefunorchestra.co.uk for more details and to register your interest!

everyone. I really like coming to the concerts and I wish they had a

piano in the orchestra because that's what I play" Samuel, Age 10

Our next concert will be on Sunday 26 May 2024 at Woldingham

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